N.S.S. Activities- REPORT Session 2022-23

During 2022-23 The N.S.S. Unit of Government College Derabassi registered 147 boys and 100 girls through google form link—

https://forms.gle/4WRMxHrsb8dNESAe6 and formed 2.5 units of N.S.S. in session 2022-23. N.S.S. Department organized several different one-day camps .

On 13th august 2022, under "Har Ghar Tiranga" Programme of "Azadi ka Amrit Mahotsav" N.S.S. Department along with its Staff and Students organized Tiranga Rally.







On 15th August 2022 the N.S.S. Department in Collaboration with Home Science Department and Fine Arts Department of Government College Derabassi celebrated "POSHAN PAKHWARA 2022". In this "Nutrition Fortnight 2022" Programme two special lectures were conducted .Professor Dr. Poonam Khanna from the PGIMER (Postgraduate Institute of Medical Education and Research), Department of Community Medicine and School of Public Health shared valuable information about anemia and menstrual health science with the students in the first Lecture while in the second lecture. Dr. Rachna Srivastava who came from the D.S.T. Department of PGI gave information about diseases related POCS and hormonal imbalances and also about lifestyle related diseases. Many ideas were stated by her about the importance of nutritious diet. During this 'Nutrition fortnight 2022", a poster making competition related to nutrition was conducted by the department of Fine Arts and prizes were given to the winners on the occasion.



Special lecture conducted with the support of Home Science Department under "Poshan Pakhwara 2022."



"Poshan Pakhwara 2022" media report and students getting prizes after winning poster making competition

To celebrate the Birth anniversary of Shaheed Bhagat Singh on 28th September 2022, NSS unit paid tributes in the form of Cycle rally, Blood donation camp, AIDS testing camp and cultural events. The event was organized in collaboration with Nehru Yuva Kendra, Punjab (Chandigarh).

The MLA Kuljeet Randhawa graced the Occasion as Chief Guest and Inspired the students to follow the path of Dr. Bhim Rao Ambedkar and Shaheed Bhagat Singh, a socialist who believed in social justice and peace. On this occasion, 38 students donated blood in the Blood donation camp organized in the canteen . The team of Doctors from Civil Hospital Sector 32 came and conveyed the message that blood donation is a gesture of compassion towards the sufferer or the diseased. The refreshment was distributed to donors. On this occasion, an HIV/AIDS checkup camp was also organized in which about 30 students were tested for AIDS.



Students donating blood 28rd September 2023

The celebration of Shaheed Bhagat Singh's birthday started at 7.00 am with a cycle rally from the college ground which returned to the college via Gulabgarh Road, Main Road and the cyclists covered a distance of about 7 km.



Students participating in the cycle rally and the route taken during the rally 28th sept 2023 at 7.00a.m.

The revolutionary significance that inspired the patriotic sentiments that ignited not only the minds of Punjabis but the soul of every Indian was commemorated through patriotic songs and street plays. A lecture on "Relevance of S. Bhagat Singh and his Thoughts in Modern Times" was delivered by Prof. Mr. Sunil of the college and the fire band sensation could easily be felt through the lecture.



Different scenes of different programs on the occasion of Shaheed Bhagat Singh's birthday 23rd sept 2023



Deputy Director Paramjit Singh of Nehru Yuva Kendra along with Principal Mrs. Kamana Gupta and staff on the occasion of presenting mementos to the blood donors.

On 19-10-2022, the NSS students of the college conducted a "Mega Awareness Camp" against "Stubble Burning" at the adopted village Mukandpur. This rally started from the college and reached the village of Mukandpur. There the students and staff interacted with the Principal of the senior secondary school, students and panchayat members and an interactive session was organized to present the ideas behind the rally. Awareness was created about the ill effects of stubble burning and its better use and responsiveness was intended through beneficial schemes of the government which can help people financially and technically to bring about change.



Start of 'Mega awareness campaign' regarding "straw burning" at government college



ਸਰਕਾਰੀ ਕਾਲਜ ਡੇਰਾਬੱਸੀ ਵਿਖੇ 'ਮੈਗਾ ਜਾਗਰੂਕਤਾ ਕੈਂਪ'



ਪੰਜਾਬ ਟਾਇਮਜ਼ ਵਿਸ਼ੇਸ਼

ਡੇਰਾਬੱਸੀ, 19 ਅਕਤੂਬਰ (ਸ਼ਾਮ ਸਿੰਘ ਸੰਧੂ) ਸਰਕਾਰੀ ਕਾਲਜ ਡੇਰਾਬੱਸੀ ਦੇ ਐਨ.ਐਸ.ਐਸ. ਵਿਭਾਗ ਵੱਲੋਂ ਪ੍ਰਿੰਸੀਪਲ ਸ੍ਰੀਮਤੀ ਕਾਮਨਾ ਗੁਪਤਾ ਦੀ ਅਗਵਾਈ ਹੇਠ ਪਿੰਡ ਮੁਕੰਦਪੁਰ ਵਿਖੇ "ਮੈਗਾ ਜਾਗਰੂਕਤਾ ਮੁਹਿੰਮ" ਅਧੀਨ ਕਿਸਾਨਾਂ ਨੂੰ ਪਰਾਲੀ ਦੀ ਸਾਂਭ–ਸੰਭਾਲ ਸਬੰਧੀ ਇੱਕ ਰੋਜਾ ਇੱਕ ਰੋਜ਼ਾ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ। ਉਕਤ ਮੁਹਿੰਮ ਦੀ ਸ਼ੁਰੂਆਤ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਨੇ ਹਰੀ ਝੰਡੀ ਦਿਖਾ ਕੇ ਕੀਤੀ। ਐਨ.ਐਸ.ਐਸ. ਵਲੰਟੀਅਰਜ ਨੇ ਕੈਂਪ ਦੌਰਾਨ ਕਿਸਾਨਾਂ ਨੂੰ ਪਰਾਲੀ ਸਾੜਨ ਦੀ ਥਾਂ ਉਸ ਦੀ ਸਹੀ ਸਾਂਭ– ਸੰਭਾਲ ਕਰਨ ਦੀ ਸਲਾਹ ਦਿੱਤ॥ ਇਸ ਮੌਕੇ ਸਰਪੰਚ ਸ੍ਰੀਮਤੀ ਜਸਬੀਰ ਕੌਰ ਪਿੰਡ ਮੁਕੰਦਪੁਰ, ਸ੍ਰੀਮਤੀ ਕੁਲਵੰਤ ਕੌਰ, ਪ੍ਰਿੰਸੀਪਲ ਸਰਕਾਰੀ ਸਕੂਲ (ਮੁਕੰਦਪੁਰ) ਅਤੇ ਸ੍ਰੀ ਸੁਸ਼ੀਲ ਕੁਮਾਰ, ਚੇਅਰਮੈਨ (ਸਕੂਲ ਮੈਨੇਜਮੈਂਟ ਕਮੇਟੀ) ਮੁਕੰਦਪੁਰ ਵੱਲੋਂ ਵੀ ਵਿਦਿਆਰਥੀਆਂ ਤੇ ਪਿੰਡ ਵਾਲਿਆਂ ਨੂੰ ਸੰਬੋਧਨ ਕੀਤਾ ਗਿਆ ਤੇ ਪਰਾਲੀ ਨਾ ਸਾੜਨ ਦੀ ਮੁਹਿੰਮ ਦੇ ਪ੍ਚਾਰ ਹਿੱਤ ਸਰਕਾਰ ਨੂੰ ਹਰ ਤਰ੍ਹਾਂ ਦੇ ਸਹਿਯੋਗ ਦੀ ਅਪੀਲ ਕੀਤੀ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੇ ਐਨ.ਐਸ.ਐਸ. ਪ੍ਰੋਗਰਾਮ ਅਫਸਰ ਡਾ. ਅਮਰਜੀਤ ਕੌਰ, ਪ੍ਰ. ਮੇਘਾ ਗੋਇਲ, ਪ੍ਰ. ਕਿਰਨਪ੍ਰੀਤ ਕੌਰ ਅਤੇ ਵਾਤਾਵਰਣ ਇੰਚਾਰਜ ਸ੍ਰੀਮਤੀ ਭੁਪਿੰਦਰ ਕੌਰ, ਲਾਇਬ੍ਰੇਰੀਅਨ ਮੌਜੂਦ ਸਨ।

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Media report of "Mega Awareness Camp" regarding non-burning of stubble at village Mukandpur



Primary School, Anganwadi Center and Senior Secondary School of village Mukandpur were visited to celebrate **Children's Day on 14 November 2022**. The Principal Smt. Kamna Gupta herself accompanied N.S.S. volunteers and distributed food items to students of **Primary, Senior Secondary and Anganwadi Centers**. The students were interacted with and the importance of this day was shared with them through rhymes



Glimpses of Children's Day celebrated at village Mukandpur on 14 November 2022

On **16 November 2022**, a "**Dental checkup camp**" was organized by ECHS empaneled hospital at Government College Derabassi in collaboration with Sukhmani Dental College Derabassi in which teeth of about 57 students were examined.





On 23 November 2022, the Government college, Derabassi conducted the registration of Nehru Yuva Kendra, Derabassi students. 239 Students were registered. This organization develops personality and leadership qualities in the youth by involving them in nation building activities. These include literacy and

education, health and family welfare, sanitation and hygiene, environmental protection, awareness on social issues, women empowerment, rural development, skill development and self-employment, entrepreneurship development, civic education, disaster relief and rehabilitation etc.



National Constitution Day was celebrated on 26th November 2022 in collaboration with Nehru Yuva Centre, Mohali Punjab (Chandigarh). On this occasion, the importance of this day was shared with the students Meanwhile, Nehru Yuva Kendra, Mohali organized refreshments for the students.





Celebrating National Constitution Day

In February 2023, six NSS volunteers and students of the college received a three-day training on "Community Services" at the Rajiv Gandhi Nehru Youth Center at Punjab Engineering University, Mohali under the Y-20 programme.

Under the Y-20 program conducted on 24 February 2023 at Government College Derabassi, speech competitions and quiz competitions were conducted in the college on four subjects (1. Future of work 2. Climate change and disaster risk reduction 3. Peacebuilding and Reconciliation 4. Youth in democracy). Its report is available on You tube channel http://youtu.be/vhvMyXbg.JO

and its report sent to

http://docs.google.com/forms/d/e/1FAipQLSfhFL2tiL8KvPo5qZRA7byDWmLGKA YDyNRw dB QAnJs6LOA/viewform?vc=0&c=0&w=1&flr=0





Winners of District Level slogan writing competition and painting competition held at Chandigarh University

In March 2023, from 3 March 2023 to 15 March 2023, 14 college students received training on the subject of "Disaster Management and Risk Reduction" at Government College Mohali. This training was provided by Magsipa Sector 26, Chandigarh and Government of India under" Apda Mitra Scheme"-





On **7th March 2023** at Government College Derabassi, in collaboration with Nehru Yuva Kendra Mohali, 'Yuva Utsav' and 'International Women's Day' was organized in which students performed Bhangra, Gidha and Nukkar Natak etc. This program was telecasted by Punjabi Doordarshan which is on YouTube channel







ਦਫਤਰ ਪ੍ਰਿੰਸੀਪਲ ਸਰਕਾਰੀ ਕਾਲਜ ਡੇਰਾ ਬੱਸੀ (ਐਸ.ਏ.ਐਸ.ਨਗਰ)

ਸੇਵਾ ਵਿਖੇ

ਡਾ. ਮਮਤਾ ਸ਼ਰਮਾ ਪ੍ਰੋਗਰਾਮ ਕੋਆਰਡੀਨੋਟਰ, ਐਨ.ਐਸ.ਐਸ. ਵਿਭਾਗ, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ।

ਪੱਤਰ ਨੰ: 614 ਮਿਤੀ: 02-9-22

ਵਿਸ਼ਾ:

Disaster Management ਦੀ ਟ੍ਰੇਨਿੰਗ ਲੈ ਚੁੱਕੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਡਿਟੇਲ ਸਬੰਧੀ।

ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਦੇ ਸਬੰਧ ਵਿੱਚ ਆਪ ਜੀ ਨੂੰ ਦੱਸਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਇਸ ਕਾਲਜ ਦੇ ਹੇਠ ਲਿਖੇ 06 ਵਿਦਿਆਰਥੀ ਮਗਸੀਪਾ ਤੋਂ ਮਿਤੀ 18 ਅਪ੍ਰੈਲ ਤੋਂ 22 ਅਪ੍ਰੈਲ ਤੱਕ ਪਹਿਲਾਂ ਹੀ ਟ੍ਰੇਨਿੰਗ ਲੈ ਚੁੱਕੇ ਹਨ। ਇਹ ਆਪ ਜੀ ਦੀ ਸੂਚਨਾ ਹਿੱਤ ਹੈ।

Topic - Trainers Programme on Child Disaster Risk Reduction in Collaboration with National Institute of Disaster Management.

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		Rana			
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		Yadav		G 1	

Principal Covt.College, DeraBassi





ਦਫਤਰ ਪ੍ਰਿੰਸੀਪਲ ਸਰਕਾਰੀ ਕਾਲਜ ਡੇਰਾ ਬੱਸੀ (ਐਸ.ਏ.ਐਸ.ਨਗਰ)

ਸੇਵਾ ਵਿਖੇ

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Principal Covt.College, DeraBassi

Participation in Health /immunization camps 1.Dental Check up camp on 18-11-2022 2. HIV/AIDS check up camp on 28 th Sept 2022 Awareness programmes No	No. Of camps -01 No. of Donors in Camp -38 No. of units of blood donated – 38 in Health /immunization camps Total No. of camps -01 No. of Volunteers participated 46 No. of volunteers participated 30 of programmes 03	Male 35 - 03 16	03 14
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Awareness programmes No			
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	o of programmes 03		<u> </u>
1 (11 Cl T' '' '			
1.'Har Ghar Tiranga'(under	No. of programmes: 01	58	20
'Azadi ka Amrit mahotsav' on 13 th August 2022	No. of volunteers participated : 40		
	Staff Members participated 38		
Lectures on " Anaemia and	No. of programmes : 01		
Menstruation – medicinal Science " by Dr. Poonam Khanna From PGI Deptt. Of Community medicine and School of public Health on 15 th September 2022	No. of volunteers participated = 280		
.Lecture on " Diiseases and	No. of programmes : 01		
Lifestyle" By Dr. rachne	No. of volunteers participated = 280		
Kl Co Sc L! Li	nanna From PGI Deptt. Of community medicine and chool of public Health on 5 th September 2022 ecture on " Diiseases and ormonal Imbalance due to	nanna From PGI Deptt. Of community medicine and chool of public Health on 5th September 2022 ecture on "Diiseases and cormonal Imbalance due to festyle" By Dr. rachne rivastava on 15th 280 No. of programmes: 01 No. of volunteers participated = 280	nanna From PGI Deptt. Of community medicine and chool of public Health on 5th September 2022 ecture on " Diiseases and cormonal Imbalance due to festyle" By Dr. rachne rivastava on 15th 280 No. of programmes: 01 No. of volunteers participated = 280

6.	Rallies : Cycle Rally on 28 th	No. of rallies – 01	45	21		
	Sept 2022 – Shaheed Bhagat	No. of volunteers participated				
	Singh Birthday	=66				
7.	On 04-10-2022 regarding					
7.	Road Safety & Traffic Rules					
	on Awareness Programme					
	was held in which traffic					
	police incharge, ASI Janak Raj					
	from Traffic Police Education					
	Cell came as Resource					
	Person delivered lecture students were also					
	distributed Helmet					
8.	' '	No. of rallies – 01	20 Boys	32 Girls		
	Rally "Against Stubble burning at adopted village	No. of volunteers participated =52				
		No. of Children / students who				
		were given Refreshment :				
Campaigns / awareness programmes /rallies						
9.	Nukkad natak , Music Items	No. of volunteers who actively	128	199		
	and Lecture on Bhagat Singh	participated = 26				
	on 28 th Sept 2023	Audience = 300 plus				
		·				
		Refreshment to Students =327				
10.	Shramadaan : Cleanliness drive	No. of volunteers participated -	13	24		
	2.0 under Swachh Bharat	37				
	Mission in which 60 kg Plastic					
	was collected and sent to					
	Municipal corporation. On 27 th October 2022					
11.	NSS & Red Ribbon Club	No. of volunteers participated -				
	together organized Fit India	50				
	Freedom Run 3.0 on 11/11/2022 on the college in					
	which student went through					
	whole Gulabgarh City Road to					
	create awareness about					
	health.					

12.	Celebration of Children day on 14 th November 2022 at primary schoo; and Anganwari Centre of village Mukandpur	No. of volunteers participated - 10 No. of Children who were given Refreshment: 46	08 Boys	02 girls
13.	"Community Services training Programme" at Rajiv Ghandhi _ Nehru Yuva centre at PEC, Mohali under Apda Mitra Scheme	No. of volunteers participated - 06	06	Zero
14.	Registration of Students for Nehru Yuva Kendra for setting up a group of disciplined and dedicated youth who have the inclination and spirit to engage in the task of nation building	No. of Volunteers registered : 259	Boys 98	Girls 161
15.	"National Constitution Day " celebration in collaboration with Nehru Yuva kendra mohali	No. of volunteers participated- 68	22 Boys	46 Girls
16.	No. of volunteers participated under Y-20 on 24 th February 2023 four Topics:	No. of active participants of quiz =23 No. of active participants of	10	13
	1.Future of work 2.Climate Change and Disaster risk Reduction	Declamation =5 No. of Audience aming volunteers		
	3. Peace Building and Reconciliation	You tube Channel : http://youtu.be/vhvMYXbg.JO		
	4.Youth in Democracy			
	Quiz and declamation contests were held			
17.	Participation of volunteers under Y-20 programme At Chandigarh University for Slogan writing, Collage making	No. of participants in Slogan Writing -03 No. of participants in Collage making -02	01 male	07 females

	and poster Making of district level on 24 th February 2023	No. Of participants in poster making -03		
18.	"Yuva Utsav "and International Women day Celebrations on 7 th March 2023 in which Ghidha, Bhangra, Nukkad natak were performed	Total No of active participants in Bhangra, Gidha and Nukkad natak and gatka-98 You tube link: https://youtu.be/02qLqEBraw	49 Boys Active participants Audience Girls Above 100	49 Girls Active participants Audience Girls Above 200
		No. Of Audience Above- 300		
19.	Under" Apda Mitra Scheme"- Disaster Risk Reduction - Community Volunteers Training Programme from 3 march 2023 to 15 march 2023 – Two week programme by MGSIPA	No. of students who Got Training 14	Boys 13	Girls 01
20.	Formation o 'Energy Club' for inspiring students to help in saving Electricity for this Poster making, Essay writing & Slogan writing competitions were held on 03-5-2023	No. of volunteers participated - 15	Boys – 04	Girls - 11
21	Energy Club organized a function on 12-05-2023 in which Resource person Sh. Ravinder Singh (Fine Arts Deptt) gave students Lecture on "Constructive uses of Energy & methods of saving electricity.	No. of volunteers participated - 50	Boys – 29	Girls - 31
22.	BIS Club was formed on 22 nd May 2023	No. of volunteers participated - 32	Boys =18	Girls=14